

Do you have newly arisen respiratory tract symptoms?¹

Stay at home from work/school/childcare.

If a child (age 0-12) **only has a runny nose or mucus/snot and otherwise feels well**, the child can go to childcare/school and does not need to be tested for COVID-19.

Adults/adolescents

Children (age 0-12)

Get tested

If your symptoms completely disappear after 1 day, you can return to work/school/childcare without waiting for the test results.

Call a doctor/GP if you are worried about the child.
The younger the child is, the lower the threshold should be for contacting a doctor.

What is the test result?

Positive²

Self-isolate at home for 5 days (starting from symptoms onset).
You must be fever-free for at least 24 hours without use of antipyretic medications.

Parents may consider testing the child for COVID-19.
If the child has had close contact with a confirmed case of COVID-19 they should be tested.

Negative

Stay at home until you feel well and have not had a fever during the past 24 hours.³
For most people this means staying at home for a couple of days.
If you have vague symptoms (such as some mucus/snot or a mild headache), you may return to work the same day with a negative rapid antigen test.

Negative

Positive²

Self-isolate at home for 5 days (starting from symptoms onset).
The child must be fever-free for at least 24 hours without use of antipyretic medications.

Call a doctor/GP if the symptoms are serious or persist over a long period of time.

¹ Fever, cough, sore throat, loss of sense of smell and taste, mucus/snot, headache, poor general condition.

² If you have taken a rapid antigen home test with a positive result, you need to confirm test at a municipal test station.

³ Persistent symptoms such as mucus/snot (regardless of consistency and colour), hoarseness or residual cough is fine.